



2013 Assessment and Accountability Informational Meeting

Physical Fitness Test (PFT) Program Update



TOM TORLAKSON
State Superintendent
of Public Instruction

Presentation Overview

- 2012–13 Update
- What's New for 2013–14
- Related Updates
- Resources and Training Materials
- Contacts



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2012–13 PFT Update

- San Joaquin County Office of Education, the state PFT contractor, received PFT data from approximately 97 percent of the local educational agencies (LEAs) accounting for approximately 97 percent of the students enrolled in grades five, seven, and nine.
- 2013 error rate is less than a 0.1 percentage point, and the warning rate is less than 2.6 percentage points.



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2012–13 PFT Update

- PFT annual release date is to be determined.
- Summary and individual student score reports and final DataQuest files will be posted after the annual release.
- Individual Student Reports (ISRs) will be available individually or in batch PDF format.
 - ISRs are batched by school in increments of 250 students.



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What's New for 2014

- Changes to *FITNESSGRAM*[®]
 - Body Mass Index (BMI) test Healthy Fitness Zones (HFZs) have been updated.
 - BMI is calculated from a student's height and weight.
 - HFZ standards are now aligned with standards used by the Centers for Disease Control and Prevention.
 - For more information about the changes to the BMI standards, go to CDE PFT Administrative Documents Web page at <http://www.cde.ca.gov/ta/tg/pf/healthfitzones.asp>.



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What's New for 2014

- Progressive Cardiovascular Endurance Run (PACER) test VO_2 max formula has been revised.
 - New PACER formula does not require BMI to calculate VO_2 max for students.
 - *FITNESSGRAM*® will also provide a look-up tables for the PACER.
 - A Revised PFT BMI and VO_2 max calculator with HFZ will be available soon.



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What's New for 2014

- Changes to Student Data File Layout
 - Participation Level and Reason for Participation Level fields are no longer required fields and have been renamed as “Filler” in the layout.
 - These fields should be left blank in order to maintain the correct file layout.
 - If data for these two fields are included in the file, the data in those fields will not be used.
 - The Participation Level **will be calculated during the scoring process** and reported in the scored file.
 - The Reason for Participation Level will no longer be collected nor reported.



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What's New for 2014

- Online PFT Coordinator Designation Form is now available.
 - 2012–13 passwords were disabled on September 16, 2013.
 - 2013–14 forms should be submitted and approved by November 1, 2013.
- PFT data submission through PFT district portal will be available on February 1, 2014.
 - Data entry, data upload, and enhanced data upload will be located under Data Submission tab.



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Timeline for 2014

Feb. 1– May 31	<ul style="list-style-type: none">• Testing window open• Data submission site open
June 30	<ul style="list-style-type: none">• Data submission deadline• Web-data entry disabled• Web-data upload closed
July 5	<ul style="list-style-type: none">• Preliminary scored student file available for download (P1)• Web-data upload reopens• Data correction window opens



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Timeline for 2014

July 30	<ul style="list-style-type: none">• Preview DataQuest summary reports
Aug. 31	<ul style="list-style-type: none">• DataQuest preview site closes• Data correction window closes
Sept. 1	<ul style="list-style-type: none">• 2014–15 PFT Coordinator Designation Form available• 2013–14 passwords disabled



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Timeline for 2014

Oct.
(TBD)

- Annual release
- Final scored student data file (P2) available for download
- Summary and individual score reports available from District Portal



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PFT–Related Updates

- Assembly Bill (AB) 484 and the PFT
 - AB 484 does not suspend the administration of the PFT mandated in *Education Code* Section 60800.
- Team California for Healthy Kids
 - Information from the CDE can be found on its Team California for Healthy Kids Web page at <http://www.cde.ca.gov/eo/in/tchk.asp>.
 - More information and ideas can found on the Team California for Healthy Kids Web page at <http://www.teamcaliforniaforhealthykids.org/>.



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2013–14 PFT Resources

The links to the following resources are located on the CDE PFT Web page under Program Resources at <http://www.cde.ca.gov/ta/tg/pf/>:

- Healthy Fitness Zone® Charts
 - Provide the performance standards (organized by gender and age) and are established by The Cooper Institute.
- *FITNESSGRAM*® Equipment and Test Option
 - Is a graphic organizer providing a quick overview of the PFT including equipment needed to administer tests.



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2013–14 PFT Resources

The links to the following resources are also located on the CDE PFT Web page under Program Resources at <http://www.cde.ca.gov/ta/tg/pf/>:

- PFT Resources

- Provides a list of resources for LEAs, and LEA staff including contacts for CDE, *FITNESSGRAM*®, and PFT vendor services and systems.

- Understanding the 2013–14 PFT: Resource and Reference Web page – coming soon

- Provides variety of resources to communicate with different audiences including brochures, a newsletter, frequently asked questions, and a sample results letter.



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2013–14 PFT Resources

Links to the following resources are included on the California PFT Web page at <https://pftdata.org/index.aspx>:

- Student data file layout
- *PFT Reference Guide* – coming soon
- *PFT Coordinator Manual* – coming soon
- Excel Template – coming soon



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2013–14 PFT Resources

Additional resources include:

- Revised BMI and VO_2max calculator with Healthy Fitness Zones[®] – coming soon
- *FITNESSGRAM*[®] look-up tables – coming soon
- PFT Help Desk FAQs
 - <https://pftdata.org/index.aspx>



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2013–14 Training Materials

- PFT Overview Module
 - <https://pftdata.org/training.aspx>
- Administration Videos and Data Submission/Correction Modules
 - <https://pftdata.org/training.aspx>
- *FITNESSGRAM*® Training by The Cooper Institute
 - <http://www.fitnessgram.net/training/>



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Contacts

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PFT Help Desk

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